



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

10

GPS RACE DATA

LM4-

(Event)

Lightweight Men's Four - Semifinal A/B 2

SA/B 2

SAT 11 SEP 2010

Race 75

Dist. [m]	AUT		GER		ITA		POL		SRB		RUS	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.2	40.4	3.7	41.6	4.8	42.3	4.9	41.4	4.8	42.2		
100	4.3	41.1	4.3	41.7	6.5	41.7	6.7	41.9	6.0	43.2		
150	5.3	41.3	5.5	41.7	6.7	40.5	6.9	43.1	6.4	43.5		
200	6.0	42.4	6.2	41.4	6.4	38.2	6.9	44.2	6.4	43.0		
250	6.3	41.5	6.5	41.3	6.4	37.3	6.6	43.5	6.4	42.3		
300	6.3	40.8	6.3	40.9	6.2	35.9	6.5	42.4	6.2	41.7		
350	6.1	40.2	6.3	40.4	6.1	35.1	6.4	41.3	6.1	40.9		
400	6.1	39.6	6.2	40.9	6.0	34.5	6.3	42.0	6.1	40.5		
450	6.0	39.1	6.2	40.0	5.8	34.1	6.2	40.6	6.0	39.9		
500	5.9	38.6	6.1	39.3	5.8	33.8	6.1	39.9	6.0	39.4		
550	5.9	38.2	6.0	38.6	5.8	33.9	6.0	38.9	5.9	38.8		
600	5.8	38.1	5.9	38.2	5.8	33.9	6.0	38.6	5.8	38.4		
650	5.7	37.9	5.9	37.7	5.7	33.6	5.8	38.0	5.7	38.1		
700	5.7	37.8	5.8	37.3	5.7	33.3	5.8	37.6	5.7	37.8		
750	5.6	37.6	5.9	36.9	5.6	33.4	5.7	37.1	5.6	37.6		
800	5.5	37.3	5.7	36.6	5.6	33.0	5.6	37.0	5.7	37.4		
850	5.5	37.1	5.7	36.3	5.6	32.8	5.7	36.7	5.5	37.2		
900	5.4	36.7	5.8	36.1	5.7	33.0	5.5	36.4	5.5	39.1		
950	5.4	36.6	5.8	36.0	5.6	32.7	5.5	36.2	5.5	37.9		
1000	5.5	36.4	5.7	35.8	5.6	32.7	5.5	36.0	5.5	37.1		
1050	5.6	37.2	5.7	35.8	5.6	32.5	5.5	36.1	5.5	36.7		
1100	5.7	37.5	5.7	35.6	5.6	32.7	5.3	35.8	5.4	36.4		
1150	5.6	37.3	5.6	35.3	5.6	33.1	5.4	35.7	5.5	36.3		
1200	5.7	37.1	5.6	35.2	5.5	33.2	5.4	35.7	5.4	36.1		
1250	5.5	37.0	5.6	35.2	5.5	33.4	5.5	35.8	5.5	36.0		
1300	5.5	37.1	5.6	35.2	5.5	33.0	5.5	35.6	5.4	35.9		
1350	5.6	37.1	5.6	35.1	5.5	33.0	5.6	35.6	5.3	35.8		
1400	5.6	37.0	5.6	35.1	5.5	33.1	5.5	35.6	5.4	35.9		
1450	5.5	36.9	5.5	35.1	5.6	33.0	5.5	35.6	5.4	35.7		
1500	5.5	36.9	5.5	34.8	5.5	33.2	5.4	35.3	5.4	35.7		
1550	5.5	37.4	5.6	34.9	5.7	33.4	5.5	36.9	5.2	35.7		
1600	5.6	37.5	5.7	35.1	5.8	33.9	5.6	37.4	5.3	36.1		
1650	5.6	37.6	5.6	35.2	5.7	33.8	5.5	37.1	5.4	36.1		
1700	5.4	37.6	5.6	35.3	5.6	34.2	5.4	36.5	5.4	36.2		
1750	5.4	37.5	5.7	35.5	5.6	33.8	5.4	36.2	5.5	36.4		
1800	5.5	37.4	5.7	35.6	5.5	34.3	5.5	36.4	5.4	36.2		
1850	5.6	37.7	5.9	36.5	5.6	34.2	5.5	36.4	5.4	36.3		
1900	5.6	37.8	5.9	36.8	5.6	34.4	5.6	36.6	5.4	36.2		
1950	5.5	38.0	5.8	36.8	5.8	34.7	5.5	36.5	5.5	36.3		
2000	5.5	38.1	5.8	36.7	5.9	34.8	5.4	36.1	5.4	36.0		