



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

18

GPS RACE DATA

LM1x

(Event)

Men's Lightweight Single Sculls - Heat 2

H2

FRI 10 SEP 2010

Race 4

Dist. [m]	SVK		NED		SLO		AUT		NOR		BEL	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	3.6	41.5	2.8	39.1	2.8	40.1	2.8	41.2	3.7	39.2		
100	4.6	39.1	3.9	39.2	4.0	40.2	4.3	39.6	4.5	36.9		
150	4.7	37.9	4.4	38.6	4.5	39.4	4.8	37.6	4.7	34.6		
200	4.8	38.0	4.6	37.5	4.6	37.7	4.9	38.6	4.6	33.0		
250	4.8	40.4	4.7	36.5	4.7	36.4	4.8	38.1	4.6	32.0		
300	4.5	41.3	4.8	34.9	4.7	35.1	4.8	38.6	4.6	30.6		
350	4.4	42.5	4.6	33.7	4.5	34.0	4.7	36.0	4.5	30.2		
400	4.5	42.0	4.5	33.1	4.6	33.8	4.7	32.8	4.5	30.3		
450	4.5	42.2	4.4	32.8	4.6	32.7	4.7	37.0	4.4	29.5		
500	4.5	42.0	4.5	32.0	4.7	34.1	4.6	33.6	4.6	29.0		
550	4.6	42.3	4.5	31.5	4.6	34.8	4.5	36.6	4.4	29.0		
600	4.3	42.6	4.4	31.4	4.5	33.5	4.4	36.2	4.2	29.4		
650	4.2	42.4	4.4	31.2	4.3	33.2	4.4	32.9	4.3	28.7		
700	4.2	42.2	4.5	31.0	4.3	33.3	4.4	32.4	4.2	28.4		
750	4.3	41.5	4.4	31.0	4.3	32.4	4.5	37.9	4.2	28.5		
800	4.3	41.2	4.3	30.9	4.2	32.4	4.4	32.6	4.2	28.3		
850	4.1	39.9	4.1	30.9	4.2	30.8	4.4	33.8	4.2	28.1		
900	4.2	40.5	4.2	30.3	4.3	30.5	4.3	34.5	4.2	28.5		
950	3.9	40.2	4.0	29.8	4.2	30.4	4.3	35.5	4.2	29.5		
1000	4.3	40.6	4.3	30.0	4.4	30.0	4.3	33.6	4.2	28.8		
1050	4.3	41.2	4.3	30.1	4.2	29.7	4.3	31.8	4.2	29.6		
1100	4.2	40.2	4.4	30.2	4.2	30.1	4.3	33.8	4.2	28.9		
1150	4.3	40.6	4.3	30.3	4.3	30.0	4.3	36.5	4.3	28.8		
1200	4.3	40.9	4.4	30.3	4.3	30.5	4.4	36.5	4.3	29.0		
1250	4.2	40.7	4.4	30.8	4.3	30.4	4.4	36.8	4.3	29.5		
1300	4.2	41.1	4.3	31.0	4.3	30.3	4.4	35.8	4.5	29.3		
1350	4.2	40.7	4.3	30.6	4.2	30.3	4.5	34.1	4.5	29.3		
1400	4.4	34.9	4.5	31.1	4.3	30.5	4.5	32.9	4.6	29.6		
1450	4.5	37.8	4.4	30.8	4.2	30.0	4.6	36.0	4.1	33.0		
1500	4.4	39.1	4.6	30.9	4.2	32.2	4.4	32.2	4.3	31.7		
1550	4.0	40.1	4.3	31.2	4.3	31.2	4.4	34.6	4.4	31.0		
1600	4.1	39.8	4.3	31.2	4.2	31.8	4.4	34.9	4.5	31.1		
1650	4.3	40.8	4.4	31.3	4.2	30.5	4.3	34.6	4.4	30.8		
1700	4.3	41.1	4.5	31.1	4.3	29.8	4.4	32.1	4.4	31.3		
1750	4.4	40.4	4.4	31.3	4.3	30.8	4.5	34.6	4.5	31.1		
1800	4.3	41.6	4.4	31.9	4.2	30.8	4.4	38.2	4.5	31.4		
1850	4.3	42.0	4.5	33.6	4.4	32.1	4.2	34.8	4.4	32.1		
1900	4.5	42.5	4.5	33.7	4.3	34.7	4.4	33.9	4.5	32.6		
1950	4.3	43.2	4.4	33.9	4.3	33.0	4.4	37.6	4.4	32.8		
2000	4.6	43.3	4.4	34.3	4.3	31.9	4.6	38.7	4.4	33.2		