



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

18

**GPS RACE DATA**

**LM1x**

(Event)

**Men's Lightweight Single Sculls - Final A**

**FA**

SAT 11 SEP 2010

**Race 92**

Dist. [m]	POL		NED		ITA		SVK		DEN		FRA	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.2	34.9	3.5	39.0	3.2	37.4			3.9	40.7	4.0	42.1
100	5.0	36.7	4.3	37.6	4.6	38.1	0.2	40.0	4.8	42.8		
150	4.9	36.2	4.5	36.0	4.8	37.4	3.3	39.3	4.8	40.7		
200	4.6	34.6	4.4	35.0	4.6	36.0	4.4	38.3	4.7	40.3		
250	4.4	32.8	4.5	34.6	4.5	34.9	4.5	37.5	4.6	39.0		
300	4.3	31.8	4.3	33.8	4.3	34.2	4.4	36.8	4.4	38.1		
350	4.1	31.5	4.2	33.0	4.3	33.8	4.3	36.3	4.3	37.0		
400	4.0	33.5	4.0	32.5	4.2	33.4	4.2	35.7	4.3	36.2		
450	3.8	31.2	3.9	32.3	4.0	32.5	4.3	34.8	4.0	35.9		
500	3.9	35.5	4.1	31.6	3.9	32.4	4.2	34.4	4.0	36.0		
550	4.1	35.6	4.0	32.2	3.9	32.0	4.2	34.1	3.9	35.2		
600	3.9	34.8	4.1	32.3	4.0	32.0	4.2	34.0	4.0	34.7		
650	3.9	35.2	4.1	32.0	4.0	31.9	4.1	33.7	4.0	34.4		
700	3.9	35.3	3.9	31.6	4.1	31.4	4.2	33.7	4.0	34.3		
750	3.9	31.9	3.9	31.2	4.2	31.4	4.1	33.3	3.9	33.9		
800	3.9	31.0	4.0	31.1	3.9	31.4	3.9	33.0	4.0	34.5		
850	3.9	28.1	4.0	30.9	4.2	31.0	4.1	32.7	4.0	34.5		
900	4.0	27.4	3.9	31.3	3.9	30.8	4.0	32.9	3.9	34.1		
950	4.0	27.1	3.9	31.8	4.2	30.8	4.1	32.8	4.0	34.1		
1000	4.0	26.8	3.9	31.5	4.0	30.7	4.1	32.4	4.0	34.0		
1050	4.1	27.7	3.9	31.2	4.1	31.0	4.6	32.3	4.0	34.1		
1100	3.9	35.9	4.0	31.0	4.1	30.5	4.2	32.1	4.0	33.7		
1150	3.9	34.2	3.9	30.8	4.1	30.0	4.2	32.1	4.0	33.4		
1200	3.9	29.8	3.9	30.5	4.1	30.0	4.2	32.2	4.0	33.3		
1250	3.9	28.9	3.8	30.6	3.9	29.7	4.1	31.7	4.0	33.5		
1300	3.9	31.9	3.9	30.7	4.1	29.7	4.1	31.9	4.0	33.9		
1350	3.8	28.3	3.9	30.5	4.0	30.0	4.1	31.8	4.1	34.0		
1400	3.9	28.0	3.9	30.6	4.0	29.7	4.0	32.0	3.9	33.3		
1450	3.8	27.0	3.9	31.0	4.2	29.9	3.9	31.9	3.9	32.8		
1500	3.8	29.5	4.0	30.9	4.1	29.8	3.9	31.8	3.9	32.5		
1550	3.9	31.6	3.9	30.6	4.3	30.7	4.1	32.1	3.9	32.6		
1600	3.8	28.1	4.0	30.8	4.3	30.8	4.2	32.7	4.0	32.7		
1650	3.9	30.4	3.9	30.5	4.3	30.3	4.0	33.6	4.0	33.1		
1700	4.0	36.7	3.9	30.5	4.1	30.3	4.1	33.2	3.9	32.7		
1750	3.9	33.1	4.0	30.8	4.1	29.9	4.1	33.4	4.0	32.5		
1800	4.0	29.0	3.9	31.2	4.2	30.2	4.3	34.2	4.0	32.6		
1850	4.1	34.2	3.9	31.3	4.2	30.6	4.3	35.3	4.1	32.9		
1900	3.9	34.6	3.9	31.3	4.2	31.2	4.5	36.9	4.1	33.3		
1950	4.1	31.0	4.0	32.1	4.5	32.5	4.8	38.5	3.9	33.8		
2000	4.4	32.6	4.0	31.7	4.7	33.8	4.9	40.1	3.8	32.6		