



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

12

GPS RACE DATA

M4x

(Event)

Men's Quadruple Sculls - Semifinal A/B 2

SA/B 2

SAT 11 SEP 2010

Race 78

Dist. [m]	FRA		CZE		POL		ITA		UKR		NOR	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	4.5	37.7	4.5	40.9	4.2	40.0	4.1	39.6				
100	5.2	37.1	5.4	42.9	5.0	38.1	5.2	37.9				
150	5.2	34.9	5.3	43.4	5.0	36.5	5.4	36.7				
200	5.0	32.9	5.1	40.4	5.0	34.8	5.4	38.1				
250	5.0	31.3	4.8	37.1	4.7	33.7	5.3	41.6				
300	4.7	29.9	4.7	34.8	4.7	32.9	5.2	41.6				
350	4.7	29.0	4.7	34.0	4.6	32.1	5.1	42.1				
400	4.6	28.2	4.7	33.5	4.6	32.1	5.0	43.0				
450	4.6	27.7	4.7	33.0	4.6	31.4	5.0	42.8				
500	4.6	27.5	4.5	35.9	4.5	31.7	5.0	42.9				
550	4.6	27.0	4.4	37.1	4.5	31.4	4.9	42.3				
600	4.6	27.0	4.4	35.2	4.5	31.0	5.0	42.5				
650	4.4	26.5	4.4	37.1	4.3	30.8	4.8	42.3				
700	4.5	28.7	4.5	38.2	4.4	30.7	4.8	41.9				
750	4.4	30.7	4.4	36.5	4.5	30.7	4.8	41.6				
800	4.3	32.3	4.5	35.8	4.5	30.8	4.8	41.5				
850	4.3	32.4	4.4	36.9	4.5	30.8	4.6	42.8				
900	4.3	30.6	4.4	39.4	4.2	30.6	4.8	42.6				
950	4.3	35.3	4.4	34.6	4.3	30.3	4.8	43.0				
1000	4.3	32.9	4.4	33.2	4.4	30.1	4.7	41.9				
1050	4.3	29.1	4.5	32.3	4.4	30.2	4.8	41.5				
1100	4.1	28.6	4.4	32.3	4.4	30.1	4.8	41.3				
1150	4.0	34.2	4.5	35.0	4.4	30.1	4.8	40.9				
1200	4.1	33.8	4.4	34.2	4.4	30.2	4.8	40.5				
1250	4.3	29.0	4.3	37.1	4.3	30.8	4.7	41.3				
1300	4.2	26.4	4.4	38.2	4.3	30.3	4.7	42.4				
1350	4.0	27.2	4.4	39.0	4.2	30.4	4.6	42.9				
1400	4.0	27.9	4.3	41.1	4.3	30.4	4.6	42.9				
1450	4.0	27.7	4.3	40.5	4.4	30.3	4.6	40.7				
1500	3.9	29.5	4.3	35.2	4.4	30.5	4.7	41.3				
1550	3.9	32.5	4.3	38.8	4.5	30.8	4.8	41.0				
1600	4.1	28.7	4.3	40.7	4.6	31.3	4.7	40.7				
1650	4.1	26.8	4.3	39.9	4.5	31.3	4.8	40.6				
1700	4.0	28.6	4.3	41.0	4.6	31.5	4.7	41.2				
1750	4.1	29.6	4.5	41.3	4.4	32.3	4.6	40.8				
1800	4.2	28.8	4.3	36.7	4.6	32.8	4.9	41.8				
1850	4.2	29.6	4.4	35.7	4.6	33.0	4.9	42.3				
1900	4.1	29.0	4.5	35.4	4.6	33.0	5.0	42.6				
1950	4.2	28.9	4.5	35.2	4.7	33.0	4.9	42.7				
2000	4.4	28.8	4.6	35.7	4.7	33.4	5.0	42.8				