



ECH Montemor-o-Velho, Portugal

10 - 12 Sept. 2010

12

GPS RACE DATA

M4x

(Event)

Men's Quadruple Sculls - Semifinal A/B 1

SA/B 1

SAT 11 SEP 2010

Race 77

Dist. [m]	POR		EST		CRO		RUS		GER		DEN	
	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke	Speed [m/s]	Stroke
50	2.4	38.5	2.7	40.1	3.5	40.3	3.1	41.1				
100	3.7	37.5	3.9	40.2	4.3	39.7	4.5	41.0				
150	3.9	36.6	4.4	39.3	4.4	36.8	4.7	38.2				
200	4.0	35.7	4.5	37.9	4.3	34.2	4.7	37.5				
250	3.9	34.6	4.4	36.9	4.3	33.8	4.6	36.9				
300	3.6	33.2	4.2	35.1	4.3	32.9	4.5	34.8				
350	3.7	32.5	4.2	33.5	4.3	32.2	4.4	33.8				
400	3.7	31.7	4.0	32.0	4.2	31.8	4.3	32.4				
450	3.6	31.5	4.0	29.4	4.2	31.6	4.2	31.6				
500	3.5	30.2	4.2	29.6	4.0	31.2	4.1	31.0				
550	3.5	30.1	4.1	29.9	4.1	31.2	4.0	30.5				
600	3.5	29.3	3.9	30.0	4.1	31.1	4.1	30.5				
650	3.5	29.3	4.1	29.9	4.1	31.0	4.1	29.4				
700	3.6	29.5	4.1	30.2	4.0	30.8	4.0	31.2				
750	3.6	29.8	3.9	30.5	4.1	30.6	3.9	30.1				
800	3.5	29.6	3.9	30.9	4.1	30.4	4.0	30.4				
850	3.5	29.1	3.8	31.0	3.9	31.2	4.0	31.5				
900	3.3	32.0	3.8	30.2	3.9	30.7	3.9	30.3				
950	3.4	34.6	3.8	29.7	4.1	30.4	3.9	30.2				
1000	3.5	30.9	3.7	30.3	4.0	30.0	4.0	30.4				
1050	3.5	29.6	3.9	29.3	4.1	29.9	4.0	30.2				
1100	3.3	29.5	3.9	29.1	4.1	30.3	4.0	29.7				
1150	3.3	28.9	3.8	30.2	4.0	30.5	4.0	29.8				
1200	3.4	29.0	3.6	30.5	4.0	32.0	3.9	29.6				
1250	3.4	29.6	3.9	31.8	4.0	31.0	3.9	30.1				
1300	3.5	29.2	3.9	30.2	4.1	32.7	3.8	33.8				
1350	3.5	28.7	3.7	28.7	4.0	31.2	3.8	35.1				
1400	3.5	28.8	3.8	28.6	4.0	30.9	3.8	31.7				
1450	3.5	28.6	3.7	29.6	4.0	30.7	3.9	30.5				
1500	3.4	28.4	3.8	31.2	4.1	30.8	3.8	29.2				
1550	3.4	28.8	4.1	32.5	3.8	30.3	3.7	28.7				
1600	3.3	28.9	4.1	31.7	4.0	30.2	3.7	29.2				
1650	3.4	28.6	4.2	30.5	4.0	30.2	3.9	29.8				
1700	3.4	28.3	4.2	30.4	4.1	31.0	3.7	31.2				
1750	3.3	28.7	4.2	33.1	4.0	30.6	3.9	29.7				
1800	3.4	28.9	4.3	28.7	4.0	30.7	4.0	31.9				
1850	3.7	29.3	4.2	36.3	4.0	30.8	4.1	32.0				
1900	3.6	29.7	4.3	37.5	4.1	31.0	4.0	32.3				
1950	3.6	29.3	4.5	36.6	4.2	31.1	4.1	31.0				
2000	3.5	29.3	4.7	37.0	4.2	31.2	4.2	30.5				